



# CCSG Auckland

## CCSG Information pamphlet

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### **What is the CCSG?**

The **Crohn's and Colitis Support Group (CCSG) Inc.** was set up in 1987 by a group of people with inflammatory bowel disease (IBD) who believed there was a need for a support group for people who have Crohn's disease and ulcerative colitis. Our Patron is Professor Graham Hill, Colorectal Surgeon and Professor of Surgery at Auckland Hospital.

### **What does the CCSG do?**

The CCSG provides **information** about IBD to people with Crohn's disease and ulcerative colitis, their partners and families. There are 10 different **information pamphlets** available covering topics of interest, ranging from Crohn's disease to pregnancy. The CCSG also operates a specialist library containing books and videos, and has access to medical databases and the internet to help answer specific questions. We can also put you in touch with overseas organisations should you need help while travelling abroad.

We hold regular **public meetings** with guest speakers. Topics discussed range from the causes of ulcerative colitis to acupuncture. These meetings provide a **forum** for fellow sufferers to meet; share their experiences and gain **support** from each other. Support is also available through the **CCSG Community Contact Service**, a system which matches people with similar experiences so they may talk and meet if needed.

The **quarterly newsletter** called *CCSG News* is sent out to all members. It contains news of research into IBD, a list of books and videos available to members, reports from public meetings, and contact details of the other CCSGs around NZ. The national newsletter *Gut Feeling* is distributed 3 times per year and contains reports from the other

CCSGs around NZ. More information is also available at our internet Web Site ([www.ccs.org.nz](http://www.ccs.org.nz)).

### **What if I just want information about Crohn's disease or ulcerative colitis?**

The CCSG provides services for anyone interested in IBD whether you have a child with IBD, or have a friend or family member with Crohn's disease or ulcerative colitis. In addition, health professionals such as GPs, gastroenterologists, dieticians and surgeons give our pamphlets to their patients.

Hospitals, district nurses and tertiary teaching institutions use the resources of the CCSG.

### **How do I contact the CCSG?**

Write to us at **PO Box 24171, Royal Oak, Auckland**, telephone **(09) 636-7228** or toll-free **0508 CCSG NZ**, fax **(09) 636-7242**, email [information@ccsg.org.nz](mailto:information@ccsg.org.nz). The CCSG is based in Auckland but our members come from all over NZ.

### **How do I join the CCSG?**

Contact us and ask for **membership information**. Fill in the membership form and return it with your subscription to the CCSG - it's as simple as that. You'll be placed on our mailing list to receive our next newsletter and you can request to see more information pamphlets or titles from the library. Once you're a member we'll post books, newsletters and any other information to you free of charge all over the country.

### **How much does it cost?**

The annual subscription is **\$30 per year per family** (incl GST). The membership year runs from July 1 to June 30. Cheques are payable to CCSG Inc.