

CCSG Inc

PO Box 28487, Remuera, Auckland, New Zealand

Telephone 64-9-6367228, or 0508 2274 69 Email: ccsg@clear.net.nz

MEMBERSHIP INFORMATION

Please tick boxes as appropriate

QuickTime™ and a
TIFF (LZW) decompressor
are needed to see this picture.

Title: Ms Mr Mrs Miss Dr

Name.

.....

Occupation.

.....

Address

.....

.....

Home Tel: () Bus Tel: () Fax: ()

.....

Mobile Tel: () Email Date of Birth

.....

Crohn's disease ulcerative colitis Age diagnosed? Age first symptoms

...

Are you: Patient Relative Friend Professional

How did you learn about the C.C.S.G.?

.....

Are you willing to participate in medical research in NZ?

.Yes / No

Privacy Act 1993

Please check the box if you DO NOT wish your name and telephone number to be available to other CCSG members, or appropriate people or organisations. This allows the CCSG to put our members in touch with one another to facilitate the sharing of coping strategies. Under no circumstances will the CCSG sell or pass on it's complete mailing list.

Your Specialists Name:

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Clinic/Hospital where you see them?

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Would you recommend your specialist? Yes / No

Other comments about your specialist.

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NZ IBD Specialists Database

Annual family membership: \$30.00 incl. GST

Donation to the CCSG: _____

Total amount included: _____

Please make all cheques payable to: CCSG Inc, P.O. Box 28487, Remuera, Auckland. Please attach your cheque when paying and return in the freepost

envelope provided. Requests for extra pamphlets and/or library titles may be included with this form.

Thank you.

Receipts will be issued if requested. Library books, additional leaflets and other services of the CCSG may be requested when returning this completed form. If you do not request additional services then the first material received from the CCSG will be at the next scheduled mailout. Requests for services may be made by calling (09) 6367228 or 0508 227469 and leaving a message. Telephone messages will be answered as soon as possible.

Office use only

Received

Entered into BD.

Membership No [.]

CCSG MEMBER QUESTIONNAIRE

Many CCSG members request to be put in contact with other members that have had similar experiences. To make this possible we require some basic medical information so we can match people as closely as possible. Please take the time to complete the questions on the next page and return it to the CCSG with your membership form. All information is held in the strictest confidence and will only be used for the purpose of matching CCSG members for the purpose of mutual support through contact.

Surgical Treatment

What surgical procedures have you had for the treatment of your Crohn's disease or ulcerative colitis? Were they successful?

Procedure	Year	Result
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Do you have an... Ileostomy Colostomy Internal pouch: J-pouch ; W-pouch

Alternative Treatments

What "alternative" treatments have you tried? (Herbal, homeopathic) With what success? Please be specific as this information is used to refer other members to popular/successful therapies.

Treatment	Success	Treatment	Success
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Associated Conditions

Do you have any other conditions that are related to you IBD? Such as: (Please circle)

- Abscesses
- Fistulae
- Strictures
- Anaemia
- Anal fissures
- Joint pain
- Arthritis
- Toxic megacolon
- Ankylosing spondylitis

Bone disease

mouth sores

Skin diseases (erythema nodosum, pyoderma gangrenosum)

Medical Treatment

A list of commonly used drugs

Pentasa

Prednisone

Azathioprine

Metronidazole

Asacol

Entocort

6-mercaptopurine

Loperamide

Salazopyrin

Cyclosporin

Methotrexate

Imodium

Drugs taken currently

Dosage

Side-effects?

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Drugs taken previously

Dosage

Side-effects ?

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CCSG LIBRARY:

All the following books are available for loan to CCSG members. Please telephone 096367228 or 0508227469

IBD Titles

1. The Troubled Gut
2. Crohns / Ulcerative Colitis Factbook
3. Lecture notes on Gastroenterology
4. If this is a test have I passed yet?(the struggle to cope with IBD)
5. The Angry Gut
6. The IBD Nutrition Book
7. People not Patients
8. Treating IBD - A patients guide
9. You're Bigger Than It - A young persons perspective
10. The Selfhelp Way to Treat Colitis & other IBS conditions
11. Crohns, Colitis, Haemorrhoids & Me
12. Taking Charge: overcoming the challenges of long-term illness
13. IBD in Children & Adolescents
14. Diets to help Colitis & IBS
15. Food and the Gut Reaction
16. Living with Chronic Illness
17. When Mommy is Sick(missing)
18. Managing Your Child's CD or UC
19. The Ostomy Book
20. Good Food for Bad Stomachs
21. Kitchen Table Wisdom - Stories that Heal
22. CD & UC - Everything you need to know
23. Coping with Prednisone
24. Breaking the Vicious Cycle
25. Young People and Chronic Illness
26. Sick and Tired of Feeling Sick and Tired (missing)
27. Ask Audrey (missing)
28. Will or Iron
29. IBD: A Guide for Patients and their Families
30. Coping with your Child's Chronic Illness
31. Crohns: Complimentary & Western Therapies
32. Crohns & UC
33. Coping with Crohns Disease
34. The Good Gut Guide

35. Probiotics for Crohns & Colitis
36. The new Eating Right for a Bad Gut

Stress Management Titles

1. Know Your Strengths and Be Confident
2. From Strength to Strength
3. Make Peace with Yourself
4. 15 Steps to Overcome Anxiety and Depression
5. Relax and Come Alive

Other Titles

1. Overcoming and Managing Stress (audio Tape)
2. Living with Inflammatory Bowel Disease (video)
3. Community Resources Directory
4. Nurses of Auckland
5. Nutrition and Crohns and Colitis (video)
6. Crohns and Colitis - overview(video)
7. All You Need to Know About UC (video)
8. All You Need to Know About CD (video)
9. Living with your Ostomy (booklet)
10. Elaine Gottschall Discusses the Specific Carbohydrate Diet (video)
11. Talk About Crohns (video)
12. Talk About Ulcerative Colitis (video)
13. "Middlemore" - Episode 2 (Crohns disease surgery)
14. Radio Pacific "Your Health-inflammatory Bowel Disease"(audio tape) - features Dr Mark Lane & Shirley Hartstone (CCSG Education Officer)
15. 25 Natural Ways to Relieve IBS
16. IBS - An Essential Guide for the Newly Diagnosed
17. Its Not about the Bike
18. Body Wars (video)

The video "Living with IBD" is also available for purchase at \$15 per copy (subject to availability).

2 WEEK Loan periods:

The loan period is 2 weeks for books which are currently requested by more than one member

Return Titles to

CCSG, P O Box 28487, Remuera, Auckland

